



Package Price

2.790.000đ

Discounts are not yet applied, depending on the program.
Please contact Bi for more details.

Detailed Itinerary & Services

Đa Mi Lake – Đa Ban Waterfall

Nature is calling!



2 days 1 night

Pick-up: 05:30 AM – Saturday
Estimated drop-off: 05:30 PM – Sunday
Location: Youth Cultural House (04 Phạm Ngọc Thạch, District 1, Ho Chi Minh City)



Journey length: 06 km

06 km trekking – A gentle yet energizing journey!



Difficulty level: 2/5
Not too challenging



Pristine Nature
Should go at least once a month.



Camping
Private lakeside area



All meals included
5 main meals



Seated bus
Private company vehicle



Guide & Support Team
From Ho Chi Minh City & Local Team

fact:

Healing for restless souls!

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bitour *Back to nature*



Detailed Itinerary & Services

*An energy-recharging
trip you can't miss!*

Da Mi Lake – Da Ban Waterfall

Nature is calling!

The journey is a harmonious masterpiece, combining the Forest, Waterfalls, and Lakes to offer a complete and refreshing healing energy from nature.

The route to Hồ Đa Mi – Thác Đá Bàn will leave you awe-struck, immersing you in a breathtaking landscape. First, you'll encounter Hồ Đa Mi, located between Lâm Đồng and Bình Thuận, a hidden gem nestled in the mountains, where tranquility prevails amidst rolling hills and lush forests. Next, you'll experience a walk through the forest, where the scents and sounds of the ancient woods gently bring a natural sense of healing. Your steps will lead you to Thác Đá Bàn, where you can enjoy a natural hot spring bath created by Mother Nature herself. There's nothing better than swimming freely in the refreshing waters, letting go of all worries.

This route offers an unforgettable combination of stunning scenery and peaceful moments that are hard to find in the hustle of city life. Enjoy watching the sunset over the lake, bathing under the cool waterfall, paddleboarding, and indulging in traditional natural cuisine. It's a time for gathering around the campfire, listening to your heart, and sharing stories with loved ones.

The Hồ Đa Mi – Thác Đá Bàn tour is perfect for solo travelers, first-timers, families, or anyone seeking to be embraced by nature's love. You might not realize it, but your body knows this well.

Schedule your trekking adventure today to soothe your soul, recharge your energy, and live fully in the moment with Bi!

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Experience Unmissable

*Da Mi Lake -
Da Ban Water fall*



A gentle trekking route

The trekking route is designed by Bi to be perfect for first-time trekkers! It's for those who want to recharge with the freshest, most balanced, and nurturing energy from Nature.



Returning to the unique local culinary memories with a lunch in the forest.

The dishes are stored in bamboo and rattan tubes, evoking a special flavor. The dishes are made from all-natural ingredients and follow recipes that are deeply rooted in local culture. Coming to Bi's cuisine is not just about eating, but also about enjoying the value it offers.



Bathe in the refreshing water of the Da Ban Waterfall.

Amazed by the stunning waterfall, integrated with massive Da Ban rocks that no hand could ever craft, except for Nature herself.

Only at Bitour!



You realize you're not "alone" anymore.

The connection with all creatures and all life around you. There's no feeling of loneliness, but instead a sense of companionship and connection with everything that exists. Nature is a place where I find peace, comfort, and where my wounds are naturally soothed.



Paddleboarding, enjoying a refreshing bath in the beautiful Da Mi Lake.

It's the perfect time to relax in the lake, go boating, and enjoy the scenery as beautiful as a painting, while still ensuring privacy and tranquility.

Experience Unmissable

*Da Mi Lake -
Dai Ban Water fall*



A campsite on a private island, with a rustic, nature-inspired design.

The best location, offering a breathtaking view of nature while ensuring privacy, undisturbed by any sounds other than those of the mountains and forests.

Only at Bitour!



Enjoying the sunset while sipping a cup of tea.

An incredible view to watch the sunset with an afternoon tea, leaving you feeling calm and relaxed.

Only at Bitour!



A moment of stillness for yourself

Cherishing moments of stillness for each member to connect with nature, soothing stress and fatigue, and creating a sense of peace and happiness.



BBQ with mountain and forest specialties.

Simple yet special, flavorful yet natural – this is what Bi offers through carefully selected ingredients, dish presentation, and the chefs' passion. All come together to create a cozy yet distinctive BBQ dinner.

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bitour Back to nature

Detailed Itinerary

*Da Mi Lake -
Ba Bàn Waterfall*

DAY 1: HO CHI MINH CITY – DA MI LAKE (BINH THUAN)

- 05:00 am: The bus and guide will pick you up at Pham Ngoc Thach Youth Cultural House, District 1.
- 05:30 am: The bus departs on time.
- After breakfast, the bus will continue to take you to the pier at Da Mi Lake, where you'll experience a boat tour on the vast lake surrounded by lush green hills and forests.
- At the forest's edge, you will start trekking through the old forest, crossing streams to reach the Ba Bàn Waterfall. Here, you can enjoy a refreshing bath under the waterfall and in the natural Suối Hồ.
- At the Ba Bàn Waterfall stop, you will experience a forest lunch. The food is prepared with local ingredients, cooked on-site, creating a delicate and unique flavor you won't find anywhere else. The exclusive menu includes dishes like Grilled Pork, Tender Banana Blossom, and other special items.
- Next, you will trek to the campsite located on a secluded island corner, ensuring privacy and preserving the pure sounds of the mountains and forests. Here, you can enjoy a stunning sunset view—an experience you won't want to miss, perfect for those who seek nature's embrace.
- In the evening, you'll have a BBQ dinner by the warm campfire with activities to connect and share the journey. The delicious menu includes Grilled Chicken, Lam Rice, Grilled Pork, Stuffed Banana Blossom, Grilled Beef in Bamboo Tubes, Braised Vegetables, Kimchi Soup, and more.
- End your day with a night fishing experience on the lake.

DAY 2: DA MI LAKE – HO CHI MINH CITY

- As the sun rises, enjoy the peaceful morning with bird songs and a fresh breeze. Have breakfast with freshly caught fish porridge.
- Relax with lake activities like swimming, paddleboarding, or choose a spot for meditation or yoga.
- Lunch will feature local specialties.
- At 17:30, the bus will return you to Ho Chi Minh City. Farewell and see you again soon!

Learn it:

The itinerary may be subject to change due to weather conditions or unforeseen circumstances to ensure the utmost safety for all participants.

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Detailed Services

*Da Mi Lake -
Da Ban Water fall*

INCLUDED SERVICES

- The local support team will set up and assist throughout the tour. There will always be a guide from Ho Chi Minh City and a local guide for each tour.
- A cameraman will capture the entire journey.
- Tents are equipped with wind and rain protection, two layers for insect protection, thermal mats, blankets, and pillows.
- All meals during the trip: 5 main meals.
- 2 water refill stations along the way.
- Private seating on the company's bus throughout the trip, with safety equipment.
- The team is trained in rescue skills and equipped with appropriate medical supplies for each route.
- Travel insurance up to 30,000,000 VND per guest.

EXCLUDED SERVICES

- Private tent: 350,000 VND
- Personal expenses
- Tipping for the guide and Bitour's support team. If you're satisfied, don't forget to encourage them, as it will motivate and recognize their passion.

You should visit Da Mi Lake – Da Ban Waterfall with Bi because...

- The trekking route offers a perfect blend of forest, waterfall, and lake, suitable for all participants.
- A private campsite with a stunning view.
- The “Close to Nature“ philosophy is integrated into meals and experiences throughout the journey.
- Civilized, respectful, and quiet companions.
- Meals and drinks are provided throughout the trip.
- A cameraman accompanies you to capture beautiful photos.
- Standard tents are cleaned after each journey.
- Private company transportation throughout the tour.
- Contribute to the Bitour Care program during and after the trip.
- Quality guaranteed by Bi with over 10 years of operation and tens of thousands of happy adventurers.

A message from Bi's Founder

One afternoon wandering in the library, I stumbled upon the photo book Mekong Chronicles. The vast river flowing through pristine nature immediately filled my mind. Memories of my childhood in the sunny, windy highlands came rushing back. In that very moment, my heart made a little “ting.” And so, in 2012, Bitour was born.



Ms. Nguyn Ngoc Thu

Master of Sociology – University of Social Sciences and Humanities (HCMC)
Bachelor of International Business – Metropolia University of Applied Sciences (Helsinki)

I started as the first company in Vietnam to organize nature tours for singles, where people could easily “fall in love with the moment.” After leading a trek through Tà Năng – Phan Dũng, I decided to expand Bitour into immersive nature experiences. I realized that in the forest, people connect more naturally.

Watching guests hike nearly 20km through the forest from dawn to dusk, I expected exhaustion. Yet, to my surprise, they seemed more energized, happier, and full of life. That made me reflect deeply.

With a background in sociology, I’ve always been fascinated by how nature impacts human well-being. Growing up in Tây Nguyên, trekking through jungles and rivers was just part of childhood. We were healthy and happy, simply because we lived close to nature. But scientifically, is there a real link between nature and human health, or is it just a feeling?

Determined to find out, I explored studies from Japan, Korea, the U.S., and Nordic countries. The conclusion was clear: nature has measurable, positive effects on both mental and physical health.

This journey brought me back to the East, back to my roots, and back to myself. I realized that humans are, ultimately, part of nature. Most of our struggles come from living against it. Moving to the city, away from nature, I too experienced health issues and inner turmoil.

A message from Bi's Founder



That's why I believe, "When we live in harmony with nature, everything will naturally fall into place."

At Bitour, we are no longer just a company selling adventure trips. We have gone beyond that. Our mission is to help people reconnect with nature so they can live healthier and happier lives.

This journey also led me to Finland—a country I had dreamed of visiting since childhood. Finland, the happiest country in the world, thrives on a lifestyle deeply connected to nature. I experienced this firsthand while living in Helsinki, a capital city seamlessly intertwined with vast forests.

I believe this is just the beginning of a greater journey—one of "traveling to return." A journey that allows my team and me, united by our love for nature, to pursue the things we are truly passionate about.

Travel is not just about visiting places. It's a way to return to our roots, understand ourselves better, and reconnect with nature—so that we can live healthier, stronger, and happier lives.

I sincerely thank all the mentors, partners, colleagues, and customers who have supported and walked alongside Bitour. And above all, I am grateful to my family for their unwavering love.

I look forward to seeing you soon on a journey back to nature, together!
With all my respect and from the bottom of my heart,

Nguyen Ngoc Thu

How much nature is enough for a healthy life?



Nature near home

A garden, a small park,... with fresh air near your home.
Dosage: 30 minutes/day.



Urban nature

Green parks, vast nature with minimal urban interference.
Dosage: 2 hours/week.



Semi-wild nature

National parks, lakes, rivers, peaceful nature with minimal urban influence.
Dosage: 1 weekend/month.



Wild nature

Wild nature, nature reserves, national parks, waterfalls... untouched by urban life.
Dosage: 2 times/year.

(*) According to the U.S. Department of Health and Human Services.y

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See you soon

on our journeys back to
nature together!

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